



# Epilepsy Passport

Communicating my condition



## Guidance for parents and carers

### What is the Epilepsy Passport?

The Epilepsy Passport is a paper record containing important and up-to-date health information about your child's epilepsy. The Passport will help to improve communication about your child's epilepsy with the healthcare professionals that your child sees. It has been designed for use if and when you need to use emergency healthcare (e.g. in the A&E department).

However, you may also find it useful in other circumstances - for example, to share information with your child's school or any respite resource or if your child needs any medical attention whilst on holiday. A key feature of the Epilepsy Passport is that it can help you to share the information with whomever you feel needs to know about it.

### How is the Passport created?

The Passport is created by completing an online form - filled in by your epilepsy doctor or specialist nurse, along with you.

This will be done at one of your child's outpatient clinic visits. A paper copy of the Passport will be printed off and given to you. No information will be stored on the website, but a copy of the completed form will be saved locally by your doctor or specialist nurse. This will be kept as part of your child's clinical record. It will be updated as and when necessary at future outpatient clinic visits. Your GP will be notified that an Epilepsy Passport has been created for your child.

### Who will carry the Passport?

The Passport is folded to wallet-size, making it easy for you or your child to carry at all times, and can be kept in a plastic wallet. You can then share the Passport with whomever you wish, whether healthcare professionals in an emergency, or anybody else. A copy of the Passport will be in your child's notes or hospital records.

### When should the Passport be updated, and how?

The Passport should be updated when any changes are made about your child's epilepsy (e.g. a change in their anti-epileptic medicines or in their rescue/emergency care plan). This will be done by your child's doctor or specialist nurse, together with you.

**For more information, visit: [www.epilepsypassport.org.uk](http://www.epilepsypassport.org.uk)**

